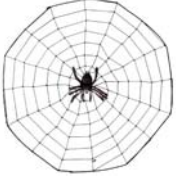



October 2009

MIDDLE & HIGH SCHOOL



Monday	Tuesday	Wednesday	Thursday	Friday
	October 2009		<p>1</p> Grilled Cheese Sandwich Tomato Soup Goldfish Crackers Fruit Sherbet Cup Milk	<p>2</p> Pizza (cheese or meat) Seasoned Peas Chilled Mixed Fruit Milk
<p>5</p> Cheeseburger on Bun Pickle Spear Baked Potato Wedges Baked Beans Sun Chips Milk	<p>6</p> Totally Taco Wedges Salsa Seasoned Mixed Vegetables Chilled Pineapple Tidbits Milk	<p>7</p> Chicken Strips w/sauce Warm Corn Muffin Cheesy Potatoes (Au Gratin) Warm Cinnamon Apples Milk	<p>8</p> Ravioli Casserole Warm Bread Stick Crisp lettuce Salad w/dressing Gelatin Cup w/Fruit Milk	<p>9</p> Pizza (cheese or meat) Seasoned Green Beans Chilled Apricots Milk
<p>12</p> French Toast Sticks Sausage Links Tri-Tater Chilled Blueberries w/topping Milk	<p>13</p> Cheese Filled Breadsticks Dipping Sauce Crisp Lettuce Salad w/dressing Fruit Sherbet Cup Milk	<p>14</p> Taco Hot Pocket w/salsa Seasoned Corn Chilled Applesauce Cup Milk	<p>15</p> Homestyle Chicken Chunks w/sauce Warm Dinner Roll Whipped Potatoes w/gravy Seasoned Broccoli Milk	<p>16</p> Pizza (cheese or meat) Celery w/PB Fresh Grapes Milk
<p>19</p> Spicy Chicken Patty on Bun Baked Tator Tots Chilled Pears Milk	<p>20</p> Nacho Haystack w/taco meat, cheese sauce & sour cream Carrot Sticks w/dip Chilled Pineapple Tidbits Milk	<p>21</p> Mini Corn Dogs w/sauce Macaroni & Cheese Seasoned Winter Vegetables Fresh Orange Wedges Milk	<p>22</p> Lazy Lasagna Warm Garlic Bread Crisp Lettuce Salad w/dressing Fruit Juice Bar Milk	<p>23</p> Pizza (cheese or meat) Seasoned Corn Chilled Peaches Milk
<p>26</p> West Clermont Burgers (Mini Hamburgers) Pickle Slices Baked Potato Starz Fresh Apple Wedges Milk	<p>27</p> Mozzarella Cheese Sticks w/sauce Warm Pretzel Rod Crisp Lettuce Salad w/dressing Gelatin Cup w/Fruit Milk	<p>28</p> Pork Rib-B-Q on Bun Pickle Slices Seasoned Green Beans Chilled Applesauce Cup Reduced Fat Dorito Snack Milk	<p>29</p> Popcorn Chicken Chicken Flavored Rice Seasoned Vegetable Medley Chilled Mandarin Oranges Milk	<p>30</p> Pizza (cheese or meat) Crisp Lettuce Salad w/dressing Chilled Mixed Fruit Milk

News

October 12 - 16 National School Lunch Week

October 26 - End of 1st Quarter

Choices Available Daily at MS/HS

Super Boat Lunch as well as PBJ Sandwich, Assorted Cold Sandwiches, Assorted Fresh Salads and Fresh Fruit.

Also Available at HS
Daily Soup and Baked Potatoes.

View your student's lunch account online at:
www.myschoolaccount.com

Menu subject to change due to availability of food or unplanned school closings.

