



December 2009



BREAKFAST



Monday	Tuesday	Wednesday	Thursday	Friday
	1 PBJ Uncrustable Chilled Fruit Juice Milk	2 "Go Fast Breakfast Pack" Strawberry Breakfast Bar Whole Grain Mini Cookies Fruit Jerky Milk	3 Cereal Graham Crackers Chilled Fruit Juice Milk	4 Super Donut String Cheese Milk
7 Warm Fruit Turnover Milk	8 Cereal Animal Crackers Chilled Fruit Juice Milk	9 Bob Evans Sausage & Biscuit Sandwiches String Cheese Chilled Fruit Juice Milk	10 Cereal Cocoa Nutrition Bar Chilled Fruit Juice Milk	11 Maple Snackwaffle Chilled Fruit Juice Milk
14 Cheese Filled Pretzel Chilled Fruit Juice Milk	15 Cereal Pop Tart Chilled Fruit Juice Milk	16 PBJ Wafer Chilled Applesauce Cup Milk	17 Cereal Smart Cookies Chilled Fruit Juice Milk	18 Yogurt Sunflower Seeds Chilled Fruit Juice Milk
21 "Go Fast Breakfast Pack" Vanilla Granola Crunch Whole Grain WaffleSnaps Fruit Juice Box Milk	22 Cereal Graham Crackers Chilled Fruit Juice Milk	23 Trix Cereal Bar Cheese Stick Chilled Fruit Juice Milk	24 WINTER BREAK BEGINS <i>Happy Holidays!</i>	25 
28	29 	30 <i>"HAPPY, HEALTHY HOLIDAYS"</i> <i>FROM THE SCHOOL NUTRITION STAFF</i> <i>"SEE YOU IN 2010"</i>	31 	

News

*Enjoy your Winter Break
December 24 - January 1*

*School Resumes
Monday, January 4, 2010*

*Fuel Up and Start Your Day
Right - Eat Breakfast*

*Eating breakfast will allow
your child to learn better in
school. Children who eat a
healthy breakfast before
beginning their school day
are able to focus more
effectively in the
classroom.*

*Breakfast is served as soon
as buses arrive.*

*Paid \$1.00
Reduced .30
Adult \$1.10*

