



December 2009



MIDDLE & HIGH SCHOOL



News

*Enjoy your Winter Break
December 24 - January 1*

*School Resumes
Monday, January 4, 2010*



*Remember to prepay for
lunch. It's fast and
convenient.*

*You can now make
payments to your child's
account online.*

*To view your child's lunch
account regarding balance,
payments, or to get a
summary, go to
www.myschoolaccount.com*

*Menu subject to change due
to availability of food or
unplanned school closings.*



Monday	Tuesday	Wednesday	Thursday	Friday
	1 Mexican Pizza Crisp Lettuce Salad w/dressing Chilled Applesauce Cup Milk	2 Chicken Strips w/sauce Warm Dinner Roll Baked Tator Tots Chilled Mandarin Oranges Milk	3 Grilled Cheese Sandwich Tomato Soup Goldfish Crackers Fresh Grapes Milk	4 Pizza (cheese or meat) Seasoned Peas Chilled Peaches Milk
7 French Toast Sticks w/syrup Sausage Hash Brown Potato Warm Cinnamon Apples Milk	8 Chicken Quesadilla w/salsa Seasoned Corn Chilled Pineapple Milk	9 Spicy Chicken Patty on Bun Baked Potato w/butter Broccoli w/cheese Milk	10 Chili w/crackers String Cheese Carrots w/dip Chilled Gelatin Cup Milk	11 Pizza (cheese or meat) Crisp Lettuce Salad w/dressing Fresh Orange Wedges Milk
14 Cheeseburger on Bun Pickle Spear Baked Potato Wedges Chilled Pineapple Milk	15 Mozzarella Cheese Sticks w/pizza sauce Seasoned Vegetable Medley Fruit Sherbet Cup Holiday Cookie Milk	16 BBQ Rib on Bun Pickle Slices Baked Macaroni & Cheese Baked Beans Chilled Pears Milk	17 Homestyle Chicken Chunks Warm Yeast Roll Whipped Potatoes w/gravy Warm Apple Crisp with Ice Cream Cup Milk	18 Pizza (cheese or meat) Seasoned Green Beans Chilled Mixed Fruit Milk
21 Mini Corn Dog Baked Tator Tots Seasoned Mixed Vegetables Fruit Juice Bar Milk	22 Taco Salad w/tortilla chips, cheese & salsa Spanish Rice Refried Beans Chilled Peaches Milk	23 Pizza (cheese or meat) Choice of Vegetable Choice of Fruit Milk	24 WINTER BREAK BEGINS <i><u>Happy Holidays!</u></i>	25 
28	29 	30 <i>"HAPPY, HEALTHY HOLIDAYS"</i> <i>FROM THE SCHOOL NUTRITION STAFF</i> <i>"SEE YOU IN 2010"</i>	31 