



Middle School Lunch Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<i>Vegetable of the Day: Broccoli</i>	<i>Vegetable of the Day: Corn</i>	<i>Vegetable of the Day: Green Beans</i>	<i>Vegetable of the Day: Cauliflower</i>	<i>Vegetable of the Day: Peas</i>
Happy New Year 1/1/18 <i>No School</i> WEEK 1 <i>Spring Break 3/24 thru</i> <i>4/1 - No School</i>	1/1/18 No School, 1/29, 2/26, 3/26, 4/23, 5/21 Chicken Nuggets w/ Dinner Roll or Spicy Chicken Sandwich Baked Beans	1/2, 1/30, 2/27, 3/27, 4/24, 5/22 Beef Taco in a bag w/ Rice, Cheese & Salsa or Cheeseburger on Bun Black Beans	1/3, 1/31, 2/28, 3/28, 4/25, 5/23 Grilled Hot Ham and Cheese Sandwich or Specialty Pizza	1/4, 2/1, 3/1, 3/29, 4/26, 5/24 Brunch for Lunch: French Toast & Sausage Patties or Chicken Sandwich	1/5, 2/2, 3/2, 3/30, 4/27, 5/25 Meatball Hoagie or Specialty Pizza
Spring Break 4/2/18 <i>No School</i> WEEK 2 <i>Memorial Day 5/28/18</i> <i>No School</i>	1/8, 2/5, 3/5, 4/2 No School, 4/30, 5/28 No School Popcorn Chicken w/ Dinner Roll or Spicy Chicken Sandwich Baked Beans	1/9, 2/6, 3/6, 4/3, 5/1, 5/29 Beef Taco in a bag w/ Rice, Cheese & Salsa or Cheeseburger on Bun Black Beans	1/10, 2/7, 3/7, 4/4, 5/2, 5/30 2-6" Pizza Dippers w/ Marinara Cup or Specialty Pizza	1/11, 2/8, 3/8, 4/5, 5/3, 5/31 Cincinnati Chili Cheese Coney or Crispy Chicken Sandwich	1/12, 2/9, 3/9, 4/6, 5/4 Hamburger on Bun or Specialty Pizza
Martin Luther King Day <i>1/15/18 No School</i> WEEK 3	1/15 No School, 2/12, 3/12, 4/9, 5/7 Chicken Nuggets w/ Dinner Roll or Spicy Chicken Sandwich	1/16, 2/13, 3/13, 4/10, 5/8 Beef Taco in a bag w/ Rice, Cheese & Salsa or Cheeseburger on Bun Black Beans	1/17, 2/14, 3/14, 4/11, 5/9 Spaghetti w/ Meatballs or Specialty Pizza	1/18, 2/15, 3/15, 4/12, 5/10 Grilled Cheese w/ Tomato Soup or Chicken Sandwich	1/19, 2/16 No School, 3/16, 4/13, 5/11 Hot Dog on Bun or Specialty Pizza
Presidents Day 2/19/18 <i>No School</i> WEEK 4	1/22, 2/19 No School, 3/19, 4/16, 5/14 Popcorn Chicken w/ Dinner Roll or Spicy Chicken Sandwich Baked Beans	1/23, 2/20, 3/20, 4/17, 5/15 Beef Taco in a bag w/ Rice, Cheese & Salsa or Cheeseburger on Bun Black Beans	1/24, 2/21, 3/21, 4/18, 5/16 Cheesy Bread w/ Marinara Sauce or Specialty Pizza	1/25, 2/22, 3/22, 4/19, 5/17 Oven Fried Chicken w/ Biscuit & Mashed Potatoes or Chicken Sandwich	1/26, 2/23, 3/23, 4/20, 5/18 Hamburger on Bun or Specialty Pizza

School Lunch Prices

Regular Meal: \$2.90 (Daily Alternates: Chef Salad w/ Croutons, Grape/Strawberry Pbj Uncrustable w/ Goldfish and String Cheese, Yogurt w/ String Cheese, Granola and Goldfish Crackers, Sunflower Butter and Jelly, Cheese or Deli Meat & Cheese Sandwich)
Super Meal: \$3.25 (Crispy/Spicy Chicken Sandwich or Specialty Pizza)
Reduced Price Meal \$0.40
 Milk: \$.50
 Adult: \$3.75

Meals include 2 side items fruit/vegetable and milk (**must select 1/2C. fruit or vegetable for a reimbursable meal**). Daily Fruit & Vegetable choices contain selections from the dark green, red/orange, bean, starchy, & other veg. groups, weekly. High VIT-A choice each day.
 Romaine & Spring Mix Salad w/various cooked/fresh fruits & vegetables daily in addition to menu listings.
See Cafeteria for listing of Daily Alternate Offerings!

Please make separate lunch checks payable to your Child's School Cafe. To check meal account balances, view detailed list of payments received and items purchased or to make a payment to your child's meal account, log into your account with EZPay or check with **Cindy Buchanan, 513-947-7406**. For more regarding Nutrition services, visit www.westcler.k12.oh.us.

For comments or concerns about the lunch program, contact Tiffany McCleese: mccleese_t2@westcler.org
 This institution is an equal opportunity provider.
 Thank you for participating in the school lunch program!