

2018-2019



Wolves Middle School Lunch Menu

	MONDAY <i>Vegetable of the Day:</i> Cauliflower or Carrots	TUESDAY <i>Vegetable of the Day:</i> Corn or Peas	WEDNESDAY <i>Vegetable of the Day:</i> Green Beans or Carrots	THURSDAY <i>Vegetable of the Day:</i> Broccoli or Spinach	FRIDAY <i>Vegetable of the Day:</i> Peas or Carrots
5/21 Last Day of School! WEEK 1	12/31, 1/28, 2/25, 3/25, 4/22 No School, 5/20 WG Chicken Nuggets w/ Dinner Roll Baked Beans	1/1 No School, 1/29, 2/26, 3/26, 4/23, 5/21 Taco Mac and Cheese w/ Rice, Shredded Lettuce, Tomato, Salsa and Seasoned Black Beans	1/2 No School, 1/30, 2/27, 3/27, 4/24 WG Grilled Cheese Sandwich w/ Tomato Soup	1/3, 1/31, 2/28, 3/28, 4/25 Brunch for Lunch: Apple Cinnamon French Toast w/ Sausage Patties & Baked Deli Roasters WG Fruit Crisp	1/4, 2/1, 3/1, 3/29, 4/26 WG Meatball Hoagie w/ Marinara Sauce and Mozzarella Cheese
3/15 thru 3/24/16 Spring Break - No School WEEK 2	1/7, 2/4, 3/4, 4/1, 4/29 Oven Fried Chicken w/ Dinner Roll Mashed Potatoes Baked Beans	1/8, 2/5, 3/5, 4/2, 4/30 Beef and Cheese Nachos w/ Rice, Shredded Lettuce, Tomato, Salsa and Seasoned Black Beans	1/9, 2/6, 3/6, 4/3, 5/1 Cheese Stuffers w/ Marinara Cup	1/10, 2/7, 3/7, 4/4, 5/2 Tangerine Chicken w/ Brown Rice WG Fruit Crisp	1/11, 2/8, 3/8, 4/5, 5/3 WG Cincinnati Chili Cheese Coney
WEEK 3	1/14, 2/11, 3/11 No School, 4/8, 5/6 WG Chicken Nuggets w/ Dinner Roll Baked Beans	1/15, 2/12, 3/12, 4/9, 5/7 Walking Beef Taco (Nacho Cheese Dorito) w/ Rice, Shredded Lettuce, Tomato, Salsa and Seasoned Black Beans	1/16, 2/13, 3/13, 4/10, 5/8 WG Rotini Pasta w/ Meatballs, Marinara, Cheese and WG Italian Breadstick	1/17, 2/14, 3/14, 4/11, 5/9 Brunch for Lunch: Maple Waffles w/ Sausage Patties & Baked Deli Roasters WG Fruit Crisp & Baked Deli Roasters	1/18, 2/15 No School, 3/15, 4/12, 5/10 WG Mini Corn Dogs w/ Dipping Sauce
1/21 MLK Day - No School, 2/18 Presidents Day—No School WEEK 4 4/19 thru 4/22 Spring Weekend -No School	1/21 No School, 2/18 No School, 3/18 No School, 4/15, 5/13 WG Popcorn Chicken w/ Dinner Roll Baked Beans	1/22 No School, 2/19, 3/19 No School, 4/16, 5/14 Walking Beef Taco (Ranch Dorito) w/ Rice, Shredded Lettuce, Tomato, Salsa and Seasoned Black Beans	1/23, 2/20, 3/20 No School, 4/17, 5/15 Cheesy Bread w/ Marinara Sauce	1/24, 2/21, 3/21 No School, 4/18, 5/16 Bbq Riblet Sandwich w/ Mac and Cheese WG Fruit Crisp	1/25, 2/22, 3/22 No School, 4/19 No School, 5/17 Country Steak w/ Gravy, WG Biscuit and Mashed Potatoes

School Lunch Prices

Regular Meal: \$2.90 (Chef Salad w/ Croutons, EZ Jammer w/ Goldfish and String Cheese, Yogurt w/ String Cheese, Granola and Goldfish Crackers, Hamburger on Bun, Cheeseburger on Bun, Cheese Sandwich or Deli Meat & Cheese Sandwich)
Super Meal: \$3.25 (Crispy/Spicy Chicken Sandwich or Specialty Pizza)
Reduced Price Meal \$0.40
Milk: \$.50 (1% Chocolate or 1% White)
Adult: \$3.75

Meals include 2 side items fruit/vegetable and milk (**must select 1/2C. fruit or vegetable for a reimbursable meal**). Daily Fruit & Vegetable choices contain selections from the dark green, red/orange, bean, starchy, & other veg. groups, weekly. High VIT-A choice each day.
 Romaine & Spring Mix Salad w/various cooked/fresh fruits & vegetables daily in addition to menu listings.
See Cafeteria for listing of Daily Alternate Offerings!

Please make separate lunch checks payable to your Child's School Cafe. To check meal account balances, view detailed list of payments received and items purchased or to make a payment to your child's meal account, log into your account with EZPay or check with Manager **Becky Wulfeck, 513-947-7406**. For more regarding Nutrition services, visit www.westcler.k12.oh.us.

For comments or concerns about the lunch program, contact Tiffany McCleese: mccl Reese_t2@westcler.org
 This institution is an equal opportunity provider.
 Thank you for participating in the school lunch program!